

DECEMBER 2025

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AESTHETIC MED SPA

# NEWSLETTER



## A WARM HELLO FROM OUR TEAM

As we wrap up 2025, we want to thank you for being such a special part of our community. This year brought growth, new treatments, new faces, and so many beautiful transformations. We're excited to finish the year strong and help you feel confident walking into 2026!



### HOLIDAY BEAUTY TIMELINE

Stay ready for photos, parties, and events with this quick guide:

- Botox: Book 2 weeks before events
- Fillers: 4 weeks for best settling
- Skin treatments: Plan for extra hydration this month
- January appointments: Book early — it's one of our busiest months!

### PATIENT-PREFERRED TREATMENTS OF 2025

This year's top treatments:

- Botox & Dysport
- RHA fillers
- Medical Weight Loss Program
- Morpheus8
- Customized facials

Thank you for trusting us with your skin and confidence! It means the world.

2025  
FAVES!



### HOLIDAY GIFT IDEAS

- Skincare Gift Sets
- Med Spa Gift Cards (can be purchased in app or in med spa!)
- Hydrating Serums
- Facial Treatments
- Sunscreen and Moisturizer Duo

# INTRODUCING ORAL PEPTIDE STRIPS - WELLNESS MADE SIMPLE

We're excited to announce that we now offer Oral Peptide Strips - a convenient and effective way to support metabolism, energy, focus, and overall wellness without injections.



## *What Are Peptide Strips?*

Peptide strips are thin, dissolvable oral strips infused with targeted peptides. They're placed directly under the tongue for quick absorption and fast results.

No needles. No mixing. No hassle.

## *Why Patients Love Oral Peptides*

✓ Easy, needle-free option

No injections, no discomfort — just place the strip under your tongue and go.

✓ Fast absorption

The oral delivery system allows peptides to enter your bloodstream quickly and efficiently.

✓ Targeted benefits

Depending on the formula, peptide strips may support:

Weight management

Energy & focus

Recovery & sleep

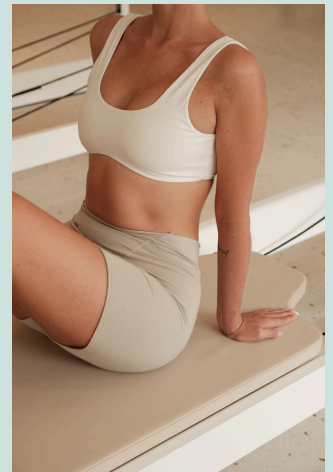
Mood & mental clarity

Anti-aging & cellular health

Immunity support

✓ Travel-friendly

Lightweight, discreet, and perfect for busy lifestyles



## *How Peptide Therapy Works*

Peptides act as natural messengers in your body, helping regulate functions like metabolism, inflammation, healing, and hormone signaling. They're a gentle, science-backed way to support your health from the inside out.

## *Ready to Feel the Difference?*

Peptides aren't one-size-fits-all - we'll help you choose the formula that best fits your goals.

Now accepting appointments for peptide consultations.

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