AESTHETIC MED SPA NEWSLETTER



NEW YEAR, NEW REWARDS PROGRAM!!

We are excited to share that a new rewards program is on its way to 785 Aesthetic Med Spa! Get ready to enjoy savings on your favorite treatments and products!

Keep an eye out for more information on how you can begin earning rewards with each visit. We can't wait to show our appreciation to our wonderful clients!

WINTER SKINCARE TIPS: HOW TO KEEP YOUR SKIN HYDRATED AND HEALTHY

Cold weather can cause skin dryness and irritation. To maintain hydration and a glowing complexion in winter, follow these expert tips:

- 1. **Use a Hydrating Cleanser**: Choose gentle cleansers with hyaluronic acid or glycerin.
- 2. **Upgrade Your Moisturizer**: Opt for rich, cream-based moisturizers with ceramides or shea butter.
- 3. ****Don't Skip Sunscreen**: Apply broad-spectrum SPF 30+ daily, even in winter.**
- 4. **Add a Hydrating Serum**: Layer a hyaluronic acid serum on damp skin for moisture retention.
- 5. ****Avoid Hot Showers**: Use lukewarm water to prevent stripping natural oils.**
- 6. ****Use a Humidifier****: Combat dry indoor air by adding moisture to your environment.
- 7. **Nourish Lips and Hands**: Keep lip balm and thick hand cream handy to prevent chapping.
- 8. **Exfoliate Gently**: Use mild exfoliants 1-2 times a week to remove dead skin without irritation.

Stay consistent with your winter skincare routine, and your skin will stay hydrated, smooth, and radiant all season long. Need personalized recommendations? Book a skincare consultation with us today!



Our range of Skinceuticals products is designed to enhance your skincare regimen, providing you with the tools you need to maintain healthy, radiant skin. Whether you're looking to combat winter dryness or simply want to pamper yourself with highquality skincare, this offer is the perfect opportunity to treat yourself. Visit us at 785 Aesthetic Med Spa and let our team of experts help you select the best products for your skin type and concerns. We look forward to seeing you soon and helping you achieve your skincare goals!

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REAL CLIENT REVIEWS!!

"Great experience w/ Tiffany today. She is knowledgeable about skin care topics but lets the patient determine the best course of action w/ services offered. She delivers a high level of care!"





"This place is absolutely AMAZING! Every person you come in contact with at the Spa is awesome! Very clean and did I mention the great specials they have?! Definitely check them out."

"Savannah Orlando is very knowledgeable and so sweet. I really enjoyed meeting her and I felt at ease trusting her judgement. I had old lip filler that migrated under my lip and it would never dissolve before. Savannah was able to dissolve all of it after 5 years. Also, I absolutely love and adore Staci. Overall, I was very happy. Even the receptionist, Kayden was so sweet."



"Loved my results and the staff were all so helpful had great smiles and made you feel welcome! Will definitely be back"

PROVIDER SPOTLIGHT



Tamara is a proud Salina native and graduate from Salina Central High School. Her diverse professional background spans multiple industries, but her true passion lies in the field of aesthetic arts. Over the past decade, since earning her esthetician license, Tamara has developed extensive expertise in advanced skincare treatments. Her experience includes addressing a variety of skin conditions such as acne, aging, keratosis pilaris, dermatillomania, and rosacea.

Now back in her hometown, Tamara is excited to bring her energy, dedication, and enthusiasm to 785 Aesthetic Med Spa.

She approaches her work with professionalism and a genuine commitment to helping clients achieve renewed confidence in their beauty and wellness journey. With her advanced techniques and personalized care, her results often leave clients in awe some might even call it magical!

PHOTO CREDIT TO JULIE JOHNSON, @ HER CREATIVE STUDIO

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