

## **EVOLVE Transform Post Treatment Instructions**

Wear compression to area immediately after your treatment (Spanx, compression shirt, etc.) for one to two hours after your treatment for better results

Do NOT use ice or cooling for the first 24 hours

You may experience redness for up to 24 hours

In some instances, bruising may occur when an area of sensitive or thin skin is treated

You may experience minor, short-term muscle spasm or pain

Multiple treatments over a period of several months may be required to achieve the desired response