

Post BOTOX Instructions



POST:

- Do not massage injection sites as this can result in migration from the targeted muscle.
- Do not lie flat or move into a forward bending position for 2 hours after the procedure.
- Lying down can cause the solution to migrate from the targeted muscle and lead to complications.
- Do not exercise for 24 hours after treatment.
- You may wear makeup an hour after the procedure.
- We ask that you return for a Follow-Up appointment 2 weeks after your BOTOX treatment, at this appointment we can add "touch-up" BOTOX, if needed, and take After Images to compare with Before Images.